

Gearing Up for Your Baby

Taking care of your baby requires the right gear. Here are some handy lists of things you'll want to have at home.

Start Smart
for Your Baby®

Bathing

- Baby bathtub
- Baby lotion
- Baby shampoo
- Liquid baby soap
- Baby washcloths
- Hooded bath towels

Sleeping

- Bassinet or cradle
- Crib and mattress
- Tight-fitting crib sheets
- Small, light receiving blankets
- Waterproof pads

Breastfeeding

- Breast pump (Call us for help getting one.)
- Lanolin cream to soothe sore nipples (You might be able to get this at no cost with a prescription from your doctor)
- Nursing pads to wear in your bra

Eating

- Bibs
- Bottles and nipples for breast milk or formula
- Bottle and nipple brushes
- Burp cloths or cloth diapers for spit-ups

Other Supplies

- Playpen
- Rocking chair
- Safe toys
- Baby swing (Avoid the kind that hangs from a doorway)
- Pacifiers, if you decide to use them
- Fragrance-free laundry soap (This is less likely to bother your baby's skin)

Changing

- Diapers
- Diaper pail
- Baby wipes
- Diaper rash cream
- Changing pad and table
- Diaper bag

Clothing

- Booties or socks
- Hats
- Onesies
- Sweaters
- Sleepwear, one-piece pajamas, or nightgowns

Healthcare

- Cool-mist humidifier to help your baby's breathing when the air is dry
- Medicine dropper to measure medicine
- Nasal suction bulb
- Thermometer

Travel

- Blankets to cover your baby while you are outside
- Front pack or backpack to carry the baby in for the first six months
- Stroller
- Approved infant car seat