

WEIGHT MANAGEMENT ECHO

PROGRAM OVERVIEW

This 6-session ECHO series provides a comprehensive overview of obesity management including current guidelines, nutrition and lifestyle interventions, supplements, anti-obesity medications, and bariatric surgery. Through expert didactic presentations and case-based discussions, participants will gain understanding of evidence-based strategies to deliver effective, patient-centered obesity care across a variety of clinical settings.

REGISTRATION QR CODE



TUESDAYS AT 7 A.M. PST | 60 MIN

Obesity Diagnosis & Clinical Framework
September 22nd, 2026

**Pillars of Health: Assessment of Obesity
in the Outpatient Setting**
September 29th, 2026

**Addressing Nutritional Myths:
Evidence-Based Conversations
with Patients**
October 6th, 2026

**Pharmacotherapy of Weight
Management: Initiation &
Patient Counseling**
October 13th, 2026

**Bariatric Surgery and GLP-1 Therapy:
Patient Selection and Preoperative
Decision-Making**
October 20th, 2026

**Long-Term Weight Management:
Maintenance, Rebound,
& Follow-up Care**
October 27th, 2026

REGISTER FOR THIS SERIES AT:
<https://tinyurl.com/5x5u59ps>



University of Nevada, Reno

School of Medicine
Project ECHO