

What you need to know about

is a new that causes in people and can spread from person to person. People of all ages can be infected. Older adults and people with like, and may be more likely to become severely ill if infected.

What is the?

is a that is caused by a new called a, which has become a. The number of cases continue to increase nationally and globally.

What are the?

The symptoms of include mild to severe . include, , and, and lower . can be before a person begins showing.

What else causes similar?

(the), a caused by the (and), has high activity in the at this time. Everyone months of age and older should get a.

I may have. What do I do?

If you have been exposed or begin showing symptoms of the or, contact your or immediately.

How else can I get services?

is a convenient way for members to obtain services. You will receive access to for issues. Get advice, a or a by video or phone. For more information about services, please [visit/call].

Protect yourself and your community.

We all have a role to play in protecting our communities and families from the spread of. It is similar to other. You can also follow these tips to prevent infection:

- Wash your hands thoroughly and frequently. Use soap and water for at least seconds.
- Use an alcohol-based hand sanitizing rub (must contain at least percent alcohol).
- Cover your mouth when you cough or sneeze by coughing/sneezing into your elbow.
- Promptly dispose of tissues in a wastebasket after use.
- Clean public surfaces thoroughly.
- Stay home when you are sick.
- Avoid shaking hands.
- Avoid close contact with people who are sick.
- Get a.

Does my plan cover services?

Yes. When is ordered and/or referred by a licensed, we will cover the cost of , , associated visit(s) and/or. If applicable, your plan's, and/or will be waived for .

Is required for under my plan coverage?

No. We will not require and/or for when services are ordered and/or referred by a licensed.

Where may I receive services under my plan coverage?

and the associated visit will be covered when ordered, referred and/or performed in the following locations:

Are you unsure if you have been exposed to or at-risk of being infected with? Schedule a virtual care visit with a. It is a good option for non-urgent care to limit potential exposure in a office or other facility.

Will I be responsible for any costs for services?

No. We will cover at no charge to you, when such services are ordered and/or referred by a licensed. If applicable, your plan's, and/or will be waived for , along with the associated visit.

If I need for, is that covered by my plan?

Any related to would be considered a covered. We are committed to ensuring access to services in accordance with federal and state law.

Will I be able to refill my before the refill date?

Yes, members will be able to refill prior to the refill date.

What is the ?

There is now a available that will give you the best chance of protecting yourself and your loved ones from getting in the future. The will have two doses a few weeks in between each shot. You will get a reminder card so you don't forget your second shot. It is important to get both doses of the as instructed.

Where can I get the?

The is being administered to different populations in a tiered approach. When you are able to get the, call your with any questions and ask when you can make an appointment with them or at your local. Or, find out where to get your at

Am I required to get my?

While it is not a requirement, getting your will give you the best chance of protecting yourself and your loved ones from getting in the future.

I already had. Should I still get the?

Even if you have already had, you should still get the. It may be possible to be infected more than once so getting the is a safe choice.

Can my child get the?

Currently, the is recommended for people ages and older. The is currently recommended for those ages and older.

When I get the, can I stop wearing a mask or?

It will take time for your body to build after the. It is important to continue to social distance, wear a mask in public and continue handwashing in order to keep from getting sick.

Is the safe?

The safety of the is a top priority! The carefully reviews all safety data from and authorizes only when the expected benefits outweigh potential risks. were tested in large clinical trials to make sure they meet safety standards.

Will there be any side effects when I get the?

You may run a fever after you get the. This is normal as your body builds and fights off future exposures. You may feel sick after getting. You could develop a rash, or. This is your body reacting to the, which is a normal response. It is important to know that it is impossible to get from the. The currently in use and others being developed do not contain a live.

Do I have to pay for my? Or get?

No. Both doses of the will be at no cost to you. You do not need to get a test for your.

I lost my. What should I do now?

Please call the / you received your first dose from to ask about your information and verify your second appointment/location.

I am due for my second dose. I got my first dose from another who is not my but I don't have their contact information. What do I do now?

The CDC should have scheduled a second appointment with you at the same facility when you received the first dose. However, you can receive your second dose from another /facility and you should present your.

Are there strategies for coping with the outbreak?

Worry and stress can rise about the spread of. Concern for friends and family who live in places where is spreading or the progression of the is natural.

- Take care of your body. Take deep breaths, stretch or meditate.
- Connect with others. Share your concerns and how you are feeling with a friend or family member. Maintain healthy relationships and a sense of hope and positive thinking.
- Share the facts about and the actual risk to others. People who have returned from areas of ongoing spread more than 14 days ago and do not have symptoms of do not put others at risk.
- For more information, see the [suggestions for and coping during](#)

For more information, including travel advisories, please visit.

Readability Statistics		?	×
Counts			
Words		1138	
Characters		5035	
Paragraphs		65	
Sentences		110	
Averages			
Sentences per Paragraph		1.8	
Words per Sentence		9.8	
Characters per Word		4.2	
Readability			
Passive Sentences		5%	
Flesch Reading Ease		77.0	
Flesch-Kincaid Grade Level		4.9	
			OK