



Over-the-Counter Brochure

Stay healthy, save money.

As a commitment to your health and well-being, SilverSummit HealthPlan offers members an additional quarterly benefit of \$30 per household, for commonly used over-the-counter (OTC) items. These items will be shipped directly to your home.

Items listed in this brochure are covered at no cost to you within your maximum benefit of \$30 in items per household per calendar quarter.

All OTC items should only be used as directed. You should talk to your Primary Care Provider (PCP) if you have any questions about how to use these items safely.

Order in 2 easy steps.

Choose your items from the table in this brochure. Each item is numbered for your ordering ease.

- 1** Call toll-free at 1- 866- 577- 9010 from 8 a.m. - 8 p.m. EST, Monday through Friday. Let our operator know which items you would like. You have a limit of up to \$30 per household per calendar quarter. **Unused dollar amounts cannot be carried over quarter-to-quarter.**
- 2** When you call, please be sure to have your SilverSummit ID card available. The operator will need your Member ID number to complete the order. After your order is complete, your item(s) should arrive in 5 to 12 business days.

OTC Items Available in 2019

You may select items you need from the list below up to your benefit amount of \$30 per household per calendar quarter.

Prescriptions are not required for these items.

Item #	Description	Compare to:	OTC Price
ANALGESICS			
7	Mentholated Ointment (3 oz. tube)	Bengay	\$6
107	Hot/Cold Patches (5ct)	Icy Hot	\$11
189	Menstrual Pain Relief (20ct)	Midol	\$10
268	Arthritis Balm Rub Cream (4 oz.)	Tiger Balm	\$15
269	Arthritis Balm Patch (5ct)	Tiger Balm	\$10
ANTI-DIARRHEALS			
120	Lactase Enzyme (60ct)	Major	\$19
ANTI-HEMORRHOIDS			
15	Hemorrhoidal Ointment (2 oz.)	Preparation H	\$8
118	Hemorrhoid Pads (100ct)	Geritrex	\$8
119	Hemorrhoid Relief Supp. (12ct)	Preparation H	\$7
CHILDREN'S PRODUCTS			
17	Diaper Rash Ointment (4 oz.)	Desitin	\$9
18	Simethicone Drops (30ml)	Mylanta Drops	\$7
73	Baby Wipes (72 wipes)	Pampers Baby Wipes	\$6

To order, call the toll-free order line at
1-866-577-9010

Item #	Description	Compare to	OTC Price
CHILDREN'S PRODUCTS			
131	Thermometer Rectal Mercury Free RG (1ea)	Children's rectal	\$12
150	Baby Shampoo (9 oz.)	Johnson + Johnson	\$10
151	Baby Lotion (9 oz.)	Johnson + Johnson	\$9
152	Baby Oil (14 oz.)	Johnson + Johnson	\$11
154	Infant/Child Dosing Syringe/tsp (5ml)(1ea)	Care Touch	\$1
155	Infant Nasal Syringe (1ea)	Doubro	\$6
234	Baby Nail Clipper Set (1 set)	Nail Clipper	\$10
236	Baby Outlet Cover (8ct)	Outlet Cover	\$5
237	Baby Cabinet lock (1ct)	Cabinet Lock	\$5
238	Hair Brush & Comb Set (1ct)	Hair Brush	\$3
239	Hair Pick, Mini Plastic (1ct)	Hair Pick	\$1
257	Sunscreen Lotion, Babies, SPF-50 (6 oz.)	Coppertone	\$15
COUGH /COLD / ALLERGIES			
26	Sore Throat Lozenge (18 lozenges)	Cepacol	\$5
27	Medicated Chest Rub (1.76 oz.)	Vicks VapoRub	\$7

Item #	Description	Compare to:	OTC Price
COLD / COUGH / ALLERGIES			
29	Oxymetazoline 0.05% (0.5 oz.)	Afrin Nasal Spray	\$5
166	Sore Throat Spray (6 oz.)	Chloraseptic	\$6
167	Cough & Cold (HBP) (16ct)	Coricidin	\$12
169	Honey Lemon SF Cough Drops (30ct)	Halls	\$6
EYE CARE			
61	Lubricating Eye Drops (0.5 oz.)	Visine Tears	\$7
219	Eye Itch Relief (0.5 oz.)	Zaditor	\$11
241	Eyeglass Repair Kit (1 kit)	Repair Kit	\$4
249	Advanced Eye Relief Eye Wash (4 oz.)	Gericare	\$7
FIRST AID CREAMS, OINTMENTS AND ANTISEPTICS			
32	Calamine Lotion (6 oz.)	Caldryl	\$7
78	Psoriasis Cream (8 oz.)	Eucerin Cream	\$12
85	Hydrogen Peroxide Sol (16 oz.)	Swan	\$5
110	Wart Medication (0.5 oz.)	Compound W	\$8
116	Corn Remover (0.31 oz.)	Freezone	\$10
158	Rubbing Alcohol 70% isop. (16 oz.)	Swan	\$6
160	Rubbing Alcohol 70% isop. (16 oz.) Wintergreen	Swan	\$6
180	Iodine (1 oz.)	Band-Aid Antibiotic	\$5

Item #	Description	Compare to:	OTC Price
FIRST AID CREAMS, OINTMENTS AND ANTISEPTICS			
182	Anti-Itch Gel (3.5 oz.)	Benadryl	\$12
184	Petroleum Jelly (13 oz.)	Vaseline	\$7
260	Aloe Gel (6 oz.)	Fruit of the Earth	\$6
FIRST AID SUPPLIES			
35	Athletic bandage (3 inch)	Futuro Elastic	\$7
36	Adhesive Tape (10 yds.)	First-Aid Tape	\$3
37	Adhesive Bandage (60ct)	Band-Aid Sheer	\$4
39	Gauze Pads (10 pads)	Johnson + Johnson	\$3
40	Cotton Swab (170ct)	Q-Tips	\$4
41	Oral Thermometer (1 each)	Thermometer 60-Sec Digital	\$6
43	Ice Bag 9 Inch (1ea)	Ice Bag	\$9
60	Medicated Lip Balm (0.35 oz. tube)	Chapstick	\$2
80	Ear Thermometer (1 each)	Ear Thermometer	\$25
117	Cotton Ball (70ct)	Johnson + Johnson	\$6
149	Personal First Aid Kit (70+ pc)	First Aid Kit	\$14
178	Bandage Antibiotic One Size (20ct)	Band-Aid Antibiotic	\$8
179	Bandage Clear Assort. Sizes (45ct)	Band-Aid	\$7
181	First Aid Antiseptic Merthiolate (2 oz.)	De La Cruz	\$10

Item #	Description	Compare to:	OTC Price
FIRST AID SUPPLIES			
183	Hot/Cold Multi Compress (1ea)	Ace	\$20
185	Butterfly Closures (12ct)	Curad Butterfly Closures	\$7
186	Gauze Roll 2" X 2 yds (1ct)	Kendall	\$4
244	Reusable Ice Pack (1ct)	Ice Pack	\$14
250	Wrist Brace – One Size (1ct)	Ace	\$9
251	Elbow Brace Adjustable (1ct)	Ace	\$14
252	Ankle Brace Adjustable (1ct)	Ace	\$15
253	Back Support – One Size Adjustable (1ct)	Ace	\$20
254	Elastic Knee Support Adjustable (1ct)	Ace	\$12
255	Hand Support S/M (1ct)	Ace	\$10
256	Hand Support L/XL (1ct)	Ace	\$10
INCONTINENCE SUPPLIES			
173	Pads-Bladder Control (20ct)	Poise	\$10
228	Underwear Unisex Small Adult Diaper 22"-36" Waist (24ct)	Depends	\$14
229	Underwear Unisex Medium Adult Diaper 32"-44" Waist (16ct)	Depends	\$14
230	Underwear Unisex Large Adult Diaper 45"-58" Waist (18ct)	Depends	\$14
231	Underwear Unisex XLarge Adult Diaper 59"-64" Waist (15ct)	Depends	\$14

Item #	Description	Compare to:	OTC Price
LAXATIVES			
82	Iron + Stool Softener (30ct)	Ferro-Sequels	\$10
115	Fiber Gummies (120ct)	Flintstone Gummies	\$17
MISCELLANEOUS ITEMS			
56	Pill Box – 7 days (1 each)	Pill Box	\$4
77	Sugar Substitute (100 packs)	Sweet N Low	\$6
100	Diabetic Medical Alert Bracelet (1ea)	Medical Alert Bracelet – Diabetic	\$7
101	Epileptic Medical Alert Bracelet (1ea)	Medical Alert Bracelet – Epileptic	\$7
102	Asthmatic Medical Alert Bracelet (1ea)	Medical Alert Bracelet – Asthmatic	\$7
103	Penicillin Medical Alert Bracelet (1ea)	Medical Alert Bracelet – Penicillin	\$7
104	Codeine Medical Alert Bracelet (1ea)	Medical Alert Bracelet – Codeine	\$7
105	Peanut Allergy Medical Alert Bracelet (1ea)	Medical Alert Bracelet – Peanut Allergy	\$7
141	Sharps Container (1ea)	Medline	\$6
142	Digital Blood Pressure Wrist Cuff (1ea)	SmartHeart	\$25
145	Reacher Arm Device – 26.5”(1ea)	Reaching Aid FabLife	\$15
148	Peak Flow Meter (Breathing Device) (1ea)	Peak Flow Meter	\$25
157	Bathroom Scale (1ea)	Bathroom Scale	\$20
161	Sharps Container (1 Gallon Size)(1ea)	Kendall	\$10
164	BeanAid Capsules (30ct)	Beano	\$6

Item #	Description	Compare to:	OTC Price
MISCELLANEOUS ITEMS			
172	Moleskin Padding (2ct)	Dr. Scholl's	\$5
187	Tablet Cutter (1ea)	Tablet Cutter	\$6
242	Shoe Horn (1ct)	Shoe Horn	\$5
243	Shower Cap (1ct)	Shower Cap	\$1
245	Food Aid Bumper (1ct)	McKesson	\$12
246	LED Flashlight W/Batteries (1ct)	Flashlight	\$14
247	Ear Plugs (3 pair)	Ear Plugs	\$1
248	Pill Bottle Opener Aid (1ct)	Can Opener	\$9
267	Liquid Laundry Detergent, H/D No Bleach (16 ct)	Tide	\$8
270	Vaporizer 1 Gallon (1ct)	Vicks	\$25
ORAL CARE			
66	Toothbrush (Medium) (1ea)	Colgate	\$2
67	Denture Tabs (40 tabs)	Efferdent	\$6
68	Denture Adhesive Cream (1.4 oz.)	Poligrip	\$6
86	Waxed Dental Floss (1 each)	Johnson + Johnson	\$2
108	Children's Toothpaste (4.6 oz.)	AquaFresh Kids	\$7
109	Adult Toothpaste (6 oz.)	UltraBright	\$6
111	Mouthwash (8 oz.)	Listerine	\$8

Item #	Description	Compare to:	OTC Price
ORAL CARE			
112	Toothache Gel Regular Non-Infant Form (0.25 oz.)	Anbesol	\$10
170	Sensitive Tooth Paste White (4.5 oz.)	Sensodyne	\$9
171	Flosser Picks (90ct)	Flosser Pick	\$6
177	Denture Cleanse Tab A/B Mint (40ct)	Polident	\$7
271	Children's Toothbrush (1ct)	Toothbrush	\$4
PERSONAL CARE			
69	Facial Tissues, 3 pack (10 Per Pack)	Kleenex	\$4
70	Baby Powder (4 oz.)	Johnson + Johnson	\$4
71	Bar Soap (4ea)	Ivory Bar Soap	\$8
72	Nail Clipper (1 each)	Revlon	\$4
74	Latex Gloves (100 each)	Latex Glove	\$8
75	Sunblock SPF 30 (4 oz.)	Coppertone	\$9
76	Hand Sanitizer (8 oz.)	Purell	\$4
79	Eczema Cream (2 oz.)	Exederm Cream	\$13
84	Non-Medicated Cocoa Butter Lotion (8.5 oz.)	Palmers Lotion	\$9
88	Insect Repellent Pump Tech Labs (6 oz.)	OFF! Repellant	\$16
113	Ear Wax Drops (0.5 oz.)	Major	\$6
127	Personal Fresh Care Cloth Tub (42ct)	Cottonelle	\$8
129	Insect Repellent Compressed Liquid Spray (6 oz.)	Cutter Insect Repellent	\$12

Item #	Description	Compare to:	OTC Price
PERSONAL CARE			
138	Cutter Skin Sensation (6 oz.)	Cutter Skin Sensation (6 oz.)	\$14
144	Hair Comb, Standard (2ea)	Hair Comb, Standard	\$1
147	Swimmer's Ear Drops (1 oz.)	Swim-EAR	\$8
156	Disposable Gloves, Vinyl (Latex Free) (100ct)	Vinyl Gloves (Latex Free)	\$15
159	Epsom Salt (Magnesium sulfate) (16 oz.)	Epsoak	\$7
162	Hand Sanitizer (2 oz. Flip Lid)	Purell	\$2
168	Cold Sore Treatment (0.23 oz.)	Abreva	\$17
190	Acne Treatment 10% (1.5 oz)	Rugby	\$6
191	Oil Free Acne Wash (6 oz.)	Neutrogena	\$10
192	Diabetic Skin Lotion (4.5 oz.)	Gold Bond	\$13
222	Odor Control Spray Powder (4 oz.)	Odor-Eaters	\$5
223	Mosquito Repellant Deet Free (100ml)	OFF! Repellant	\$11
224	Blood Pressure Monitor, Manual Pump (1ea)	Manual Blood Pressure Monitor	\$24
232	Antibacterial Wipes (40ct)	Wet Ones	\$4
240	Nail File (1ct)	Nail File	\$4
258	Men's Non-Medicated Deodorant Stick (1.7 oz.)	Degree	\$5
259	Cucumber Body Wash (8 oz.)	Dove	\$5

Item #	Description	Compare to:	OTC Price
PERSONAL CARE			
261	Dandruff Shampoo (13.5 oz.)	Head & Shoulders	\$5
262	Women's Non-Medicated Deodorant Stick (1.4 oz.)	Lady Speed Stick	\$5
Sleep Aid			
132	Melatonin 1mg Tablet (60ct)	Nature Made	\$8
134	Melatonin 10mg Tablet (60ct)	Nature Made	\$15
135	Melatonin 10mg Capsule (60ct)	Nature Made	\$19
VITAMINS AND MINERALS			
63	Glucosamine/Chondritin (50 tabs)	Osteo Bi-Flex	\$12
87	Lactose Chewable Tab (32 tabs)	Lactaid	\$9
193	Coenzyme Q-10 50mg (30ct)	Spring Valley	\$13
194	Magnesium 500mg (100ct)	Nature's Bounty	\$8
195	Zinc Gluconate 50mg (100ct)	Nature's Potent	\$7
196	Biotin 10000 mcg Soft Gel (60ct)	Nature's Bounty	\$22
197	Vitamin B12 500 mcg (60ct)	Nature's Bounty	\$10
198	B Complex Plus Vitamin C (125ct)	Nature's Bounty	\$7
199	Potassium Gluconate 550mg (100ct)	Nature's Bounty	\$7
200	Vitamin B-6 (100ct)	Nature's Bounty	\$6
203	Lutein Soft Gels (30ct)	Ocuvite	\$19

Item #	Description	Compare to:	OTC Price
VITAMINS AND MINERALS			
218	Air Shield Orange Tabs (10ct)	Airborne	\$7
264	Stress B Tablet with Zinc (60ct)	Nature Made	\$9
WOMEN'S PERSONAL CARE			
99	Tampon w/Applicator (18ct)	Kotex	\$10
121	VCF Contraceptive Foam (0.6 oz.)	VCF Contraceptive Foam	\$15
122	VCF Contraceptive Film (9ct)	VCF Contraceptive Film	\$12
126	Feminine Cleansing Cloth Floral (32ct)	Summer's Eve	\$9
146	Teenage Feminine Panty Liner Pad w/Wings (14ct)	Kotex Pads	\$10
153	Lansinoh Breastfeeding Cream (0.25 oz.)	Lansinoh	\$8
188	Maxi Pad Liner (24ct)	Always	\$9
233	Pregnancy Test Kit (2ct)	First Response	\$12

The cost of any items you order will be applied to your maximum OTC benefit of \$30 in items per household per calendar quarter.

Items and prices are subject to change. If you need more information or help, please call SilverSummit HealthPlan Member Services at 1-844-366-2880. TTY users should call 1-844-804-6086. Hours of operation are 8 a.m. to 5 p.m., Monday through Friday.

All OTC items should only be used as directed. You should talk to your Primary Care Provider (PCP) if you have any questions about how to use these items safely.

SilverSummit HealthPlan is a health plan that contracts with Nevada Medicaid to provide benefits to enrollees.

This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information contact the plan or read the Member Handbook.

***Order up to
\$30 in items
per calendar
quarter!***

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-844-366-2880 (TTY: 1-844-804-6086) from 8 a.m. to 5 p.m., Monday through Friday. The call is free.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-366-2880 (TTY: 1-844-804-6086) de 8 a. m. a 5 p. m., lunes a viernes.

www.SilverSummitHealthPlan.com

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