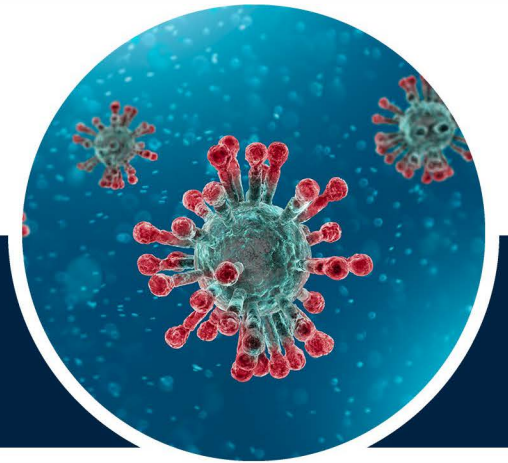


# COVID-19 TESTING



## What if you have symptoms?

If you have symptoms such as fever, cough and shortness of breath, and you think it might be COVID-19, please take the following steps.

1



Call your health care provider or telemedicine provider. Always call before you visit.

2



Or call the COVID-19 Hotline at 775-328-2427 24/7.

3



Either the Health District or your provider will ask about your symptoms and travel history.

4



If needed, the Health District or your provider will test you for COVID-19.

5



The place where you were tested will notify you of the results.

6



If positive, the Health District will investigate, reach out to contacts and discuss self isolation.

7



Positive cases will be monitored by the Health District until released from self-isolation.

## Prevent contracting COVID-19

Wash hands with soap and water for at least 20 seconds, cough or sneeze into your elbow, avoid touching your face and stay home if you are sick.



**WASHOE COUNTY  
HEALTH DISTRICT**

ENHANCING QUALITY OF LIFE

Go to [cdc.gov/COVID19](https://cdc.gov/COVID19) for the most up-to-date information  
Fill out a risk assessment online here.