



Guardian Remote Patient Monitoring

January 20, 2023

Dear Provider,

Great news! SilverSummit HealthPlan is offering your patients a unique opportunity to participate in a free pilot called Guardian Remote Patient Monitoring. This program is available to patients that have been discharged from the hospital recently with a chronic condition and/or have at least 3 of the following conditions: Atrial Fibrillation, CHF, COPD, Diabetes, and Hypertension. This pilot program loans Bluetooth-enabled home monitoring equipment and a cellular connectivity hub to the patient for the duration of the program. Your office will receive regular updates on how each of your patients is doing. Their values will be collected, securely stored, and monitored by SilverSummit HealthPlan. The program will use biometric data, alert monitoring and validation, and communication of these results to both your office and our outpatient care management teams.

Patients will have access to additional resources to monitor their health and will have access to one of our program coordinators as well as nurse practitioners. These practitioners will be tracking the patients' vital signs for any abnormal values and any alarming fluctuations in blood pressure, weight, pulse, oxygen saturation, or blood glucose level which may put patients at risk for an exacerbation or hospitalization.

We are asking for your support by encouraging your patient that fit the program criteria below, to enroll in this program. If you do not want your patients to be included in the program, please contact our coordinator at kanani.chung@silversummithealthplan.com by 1-31-2023.

Inclusion Criteria	Exclusion Criteria
At least 15 years of age	Active cancer or malignancy, and currently on therapy
Primary medical insurance type is an HMO	Dementia
At least one acute hospitalization (any cause) within the past 12 months AND/OR at least 3 of the following conditions: A.Fib., CHF, COPD, Diabetes, and Hypertension	Chronic kidney disease (CKD), requiring dialysis or kidney transplant, or, amyotrophic lateral sclerosis (ALS)
Living at home independently (or has an identified, engaged 24-hour primary caregiver) or resides in an assisting living facility	Hospice
Can read, write, and comprehend English and/or Spanish fluently [(patient) or (24-hour caregiver)]	Patients residing in a custodial setting
Currently enrolled with SilverSummit HealthPlan, with at least 12 months of continuous eligibility	Enrollment in any other clinical research study
Willing and able to provide informed consent	

We always appreciate the opportunity to support you, in maximizing the wellness of your patients. We thank you in advance for your support of these programs.

Sincerely,

Steven Evans, MD
Chief Medical Officer
SilverSummit Healthplan